

Managing Diabetes Distress in Clinical Practice: Practical Tools for the Diabetes Educator

When: Monday March 26th 2018
Location: Hilton Garden Inn
2774 South Sheridan Way
Oakville, ON L6J 7T4
Time: 12:30p.m. to 4:30p.m.
Registration & Lunch: Commences at 11:30 am
Cost: **FREE!**



DR. MICHAEL T. VALLIS, PhD., R. Psych

- Lead, Behaviour Change Institute, QEII Health Sciences Centre
- Associate Professor, Department of Psychiatry, Dalhousie University
- Psychologist, QEII Health Sciences Centre

Michael Vallis addresses the emotional and psychological challenges of diabetes and the importance of understanding those challenges. His research shows that as many as 50 per cent of those diagnosed with diabetes experience **diabetes distress** as they manage the stress and emotion of living with the disease.

Objectives:

1. Understanding the Emotional impact of Chronic Diseases such as Diabetes
2. Outlining the Scope of practice of Healthcare Providers and Diabetes Distress
3. Developing familiarity with Diabetes Distress tools through functional conversations and dialogue

For more information please
contact Nikki Sharma at
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REGISTRATION OPEN ONLINE

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